

What happens when a family is referred into the service?

The work we do is set out in three key stages.

1. Assessment

This may include gathering basic information and getting to know the family and the issues, undertaking a questionnaire to highlight strengths and difficulties faced by the family, establishing existing and needed support and completing an action plan.

2. Intervention

This could include individual advice and support sessions (usually carried out on home visit), work with the child/young person, and signposting to other services or attending parenting programs or other group work.

3. Review / Evaluation

This is to find out how the support is helping and agree on next steps. It will also include completing the strengths and difficulties questionnaire to measure progress and deciding on whether the service is still needed. Our work with families is designed to be time limited and on a voluntary basis, therefore if we are not able to achieve the agreed changes or move forward we would look to identify what other agencies, services or family action are needed to address the problem.

Our Ethos

- To be a friendly, approachable, and non-judgmental service.
- To listen and work with families to find solutions.
- To acknowledge the positive areas of parenting, strengths and supports a family offers as well as address problems and parenting approaches that could be changed.
- Set out clear expectations of what we will offer and expect in return.
- To work to an agreed action plan with clear goals to achieve with each family.
- To make sure we check we are making a positive difference by reviewing and evaluating the work we do.
- To listen to family feedback about our service and take on board appropriate ways we could improve how we work and what we offer.
- To ensure that children and young people are safe and that any work with parents has their best interests as the primary concern.

How can I find out more information?

INW Hub Cluster
Hawksworth Wood Children's Centre
Broadway
Kirkstall
Leeds
LS5 3PS

Phone: 07714 259 566 / 07891 276 574
www.innernwleedsextendedservices.ik.org



Inner North West Hub Cluster Family Support Service

Working with Abbey Grange C
of E Academy to support
young people and families

Telephone:

07714 259 566 / 07891 276 574

Family Support & Emotional Wellbeing Worker Service

- A service aimed at providing parenting advice, strategies, signposting and support for families with school aged children who are experiencing challenges or problems.
- We work on an individual basis with families who are referred/refer themselves for support.
- To support families to find the right agencies or people to help with things such as debt support, counselling or activities for young people after school or during the School Holidays.
- The Cluster Emotional Well-being Worker works with children, young people and/or parents providing a range of emotional well-being support. This may be around concerns with anxiety, low mood, bereavement, being a young carer, being isolated or the impact of emotional/mental health needs on parenting.

Leeds Counselling

- Delivering the Targeted Mental Health Service for schools in the INW Hub Cluster. This includes:
Person centered therapy, incorporating play, creative and expressive therapy techniques. Offering: 6-8 sessions of counselling to children and young people aged between 5-18 years and 6-12 sessions of counselling to parents/carers.



Friendly, informal and confidential drop in sessions for parent/carers.
Support available from a variety of caring professionals

Are you a parent/carers?

Do you need some information or support on:

- Angry children
- Sleep patterns
- Problems at school
- Teenage issues
- Emotional health
- Relationship breakdown
- Bullying
- Loss and bereavement

Appointment basis only sessions available at:

Headingley Children's Centre

Hawthornthwaite Wood Children's Centre

Kirkstall Children's Centre

Don't struggle on your own.
For more information on any of our services and support.
Please call 07714 259 566 / 07891 276 574
to speak to a member of the
Inner North West Hub Cluster team



Meet the Team

Pat Spedding
Cluster Manager



Zoe Stead
Targeted Services Leader,
Leeds City Council

Jane Hinchliffe
Senior Family Support Worker



Sarah Applewhite
Emotional & Wellbeing Worker

Leanne Glennon
School and Parent Therapist,
Leeds Counselling

Rachel Midgley
School and Parent Therapist,
Leeds Counselling

Leila Speight
Admin Assistant



Safer Schools Partnership Officers

PC Adrian Riddington

PC Jamie Wilkinson